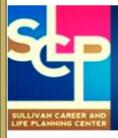
In this Issue: Own Your Story, Recent Internships, Internship Success Stories, Career Celebration Corner, Career Celebration Spotlight, Neuroscience Research Experiences, Monthly Challenge, Career Events



## The Network

Newsletter

VOLUME II, ISSUE IV

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#### Own Your Story: The Career Path of Lawrence Snyder



Dr. Larry Snyder was hired in July 2013 to launch the Cybersecurity Management graduate program. He brought a wealth of experience and passion that has positively impacted the growth of BPU's undergraduate and TAWC programs. In Larry's short time at Bay Path, he has written the undergraduate Cybersecurity program, which launched last fall, and recently brought the program to The Adult Women's College, which had its first class last month.

Dr. Snyder grew up in Cooperstown, New York. As a student in high school, he had no intention of attending college. Instead, he joined the service immediately after graduating from high school and worked as a Military Police Officer for years.

"Be willing to take risks. Put yourself out there and be vulnerable. Good things will happen if you try!" -Dr. Larry Snyder

When he got out of the service, he landed a job working in Loss Prevention. It wasn't until the company he was working for went bankrupt in 1995 that he decided to go back to school. When he began his academic journey, he thought he wanted to be an attorney and attended Herkimer Community College in Herkimer, NY, where he received an Associate's degree in paralegal studies. From there, he went on to receive a Bachelor's of Science in Economic Crime Investigation at Utica College, a Master's of Science in Network Security at Capital Technology University (formerly Capital College), and a Ph.D. in Information Systems from Nova Southeastern University.

After receiving his Bachelor's in Economic Crime—the study of business-related fraud—he worked in the credit card industry applying his skills to computer-related crime. For Larry, an introverted spirit, teaching was the farthest thing from his mind. However, when he saw a position open up at the community college he attended, he decided to give it a shot. Sure enough, he got the job and after writing the Cybersecurity program (which still exists today!) he spent the next nine years teaching there. In 2013, he came to Longmeadow and Bay Path is fortunate to have him.

## Interested in the Cybersecurity programs here at Bay Path? Click here to learn more!

MS in Cybersecurity Management - Student Stories



no ratings yet 48 views

## Recent Internships

Nicole Cutri, '15, Forensic Science, Baystate Medical Center, Dr. Mary-Alice Abbott, Pediatric, Chief of Genetics, Springfield, MA

Kiara Pichardo, '15, Forensic Science, TurfCare, Hatfield, MA

Shawna Peebles, '15, Biology, Tapestry Health, Florence, MA

Mynghoc Ho, '16, Biology, Dr. Conroy, Baystate Pediatric Endrocrinology, Springfield. ΜÁ

Amanda Dunlap, '15, Psychology, River Valley Counseling, Holyoke, MA

Olivia Bis, '15, Forensic Psychology, Gandara Mental Health Services, Springfield, MA **Drew Unikewicz,** '16, Small Business and Residential Commercial Design, Valley Venture Mentors, Springfield, MA

Caphania Arelus, 115, Business/Marketing, My Main Squeeze, East Longmeadow, MA

### Internship Success Stories



When Forensic Science major, Kimberly Raymond '15, used her networking skills at a family function, she had no idea how quickly an internship would fall into place. After Kimberly's aunt connected her to her neighbor, Kimberly shared where she was attending college, what year she was graduating, and what she was interested in doing for an internship. Little did SHE know, she was talking to the head prosecutor for the FBI in CT!

A week later, she received a call from her connection saying that he had reached out to the Medical Examiner's office about a possible internship there. All she had to do was apply! After submitting her application, resume, and a variety of state-specific forms, Kimberly waited to hear back.

Within the same week, she got an offer to be an intern at the Connecticut Medical Examiner's Office (Investigative branch) for the Summer of 2015. Kimberly doesn't know exactly what her day-to-day duties will entail yet, but she is so excited to jump in and learn from every opportunity she can! Her advice to students in search of internships is to not pass up any opportunity and to not make a fool of yourself! First impressions matter.

Accounting and Small Business Development major, Sarah Foley '16, had a great first internship at Northampton Beadery where she got an inside look at the details of operating a small business. With her second internship, Sarah wanted to gain skills in the accounting side of her double major. Her career coach, Dora Lewis, suggested an accounting internship with the Town of Somers in Connecticut She thought it would be a great fit for Sarah! When Sarah saw the position description, she was intrigued by the variety of opportunities and liked that she would be getting exposure to an area she has no experience in – government.



Sarah will be working directly with the town treasurer on various town projects. During her first week, she worked on a project to digitize the cemetery records in the town. The week after, she jumped right into bank reconciliations! Her advice to students beginning the internship process? Start early, don't settle for something you won't learn from, and make it worthwhile!



Psychology major, Amanda Dunlap '15, is excited she will be applying her skills in the Holyoke school system while interning with River Valley Counseling this semester. At River Valley Counseling, Amanda will be working with middle and high school students creating and teaching educational programs focused on sex education and overall well-being. Amanda has had experience working with adults, but this will be her first experience with an adolescent population. She is excited to work with populations she is less familiar with to increase her career opportunities in the future.

When preparing for her interview, Amanda made sure to utilize the resume she had perfected in WEL310 last semester and took it to her career coach, Sally Schirmer-Smith for some final edits.

She reviewed her personal statements and goals and felt prepared once it was time to interview! The interview was a group setting, which Amanda admits was a little intimidating. However, her preparation set her apart and she was called back shortly after! Amanda's advice to student's looking for internships is to be proactive and seek out a career coach early. You don't want to put off finding an internship until the last minute!

#### Career Celebration Corner

Lindsey Deford, '15, Police Officer, Brattleboro Police Department, Brattleboro, VT Mia Russo, '15, Accepted to Tufts University Dental School Kristina Rogers, '15, Accepted to University of Missouri Veterinary School



## Career Celebration Spotlight, Lindsey DeFord: Landing that Desired Job!



Recent graduate and CJ major, Lindsey DeFord '14, knows what it means to work hard to find the right job. After discovering from a friend that Vermont was hiring police officers, she went online and applied. After applying, she had to take a written test, a physical fitness test, and a psychological exam. After successfully passing these tests, Lindsey had an interview with multiple officers and the chief. She then had to undergo a background investigation in which a detective met with her, her family, neighbors, and former employers. After this, Lindsey underwent a polygraph exam. Finally, after successfully passing this series of tests—she was offered a position as a full-time police officer for the town of Brattleboro, VT!

When preparing for her interview, Lindsey took the time to research the department and town so she could understand the culture of the area where she would be working. She paid attention to things such as square mileage, population, department size, mission statement, department divisions, structure of the town, and any popular activities the department may put on for the community. She also went for a ride along with officers in the department to see the day-to-day and get valuable advice from her future peers!

Lindsey says she is excited to see what this new chapter has in store for her. She will be moving to Vermont alone and is ready to put her education and skills to good use! Lindsey thinks this experience will help her grow as an individual. She knows that it can be difficult to find female resources in this field and hopes to be a resource for students in the future.

The end of that great interview is in sight when the interviewer asks, "do you have any questions for us?". If you've done your homework, you will have a couple of good questions ready.

If you're interested in 8 Simple Interview Questions to Ask Hiring Managers, click here.

#### A Summer to Remember: Neuroscience Research Experiences



When Justine Melvin, Neuroscience major '15, made the decision to go to Grand Forks, North Dakota for a summer research experience at the University of North Dakota she had no idea what was in store for her! When Justine began her search for research internships, she knew she was interested in working with gene manipulation but wasn't certain she would like a lab experience. In her mind, she envisioned it to be a solitary experience without much collaboration. Boy, was she wrong!

At the University of North Dakota, Justine worked under Dr. Van Doze in a lab that genetically engineered brain receptors in mice. The lab noticed that when they manipulated certain brain receptors, the mice had

increased memory, better results on mood testing, and longer lifespans. Justine worked directly with the brains of the mice. She extracted the RNA and converted it to cDNA to conduct test sampling.

After the research experience, Justine learned that she liked research and could actually see herself pursuing this as a potential career path. Most notably, she learned the importance of collaboration in the workplace, and especially in this field! Her experience actually led her to apply for Ph.D. programs, including the University of North Dakota! Her advice to fellow students? Apply everywhere and early!

Karleena Bashista, a Neuroscience major graduating in '15, knows how to use her network to find rewarding opportunities. After striking up a conversation with a family friend who works at Athena Diagnostics in Marlborough, MA, she asked if they had ever accommodated interns. His response? No. However, after talking to Karleena about her program and career interests, he decided she was too good to pass up! She emailed him and got an internship shortly after!

At Athena Diagnostics, Karleena researched the genetic disorder, Limb-girdle muscular dystrophy (LGMD), a type of muscular dystrophy that affects the



shoulder girdle and the hips. Karleena researched the prevalence of different genes in humans with the disease. She analyzed data and compared that data to prevalence rates in European countries. Essentially, out of the twenty-five different subtypes of the disease she was looking at which were the most common in the United States.

Karleena's favorite part of this experience was having the opportunity to research something deeply, being invested in something from start to finish, and learning along the way. She learned how to work in a professional setting and the importance of pushing herself out of her comfort zone! Her advice to fellow students? Connections are important! Make connections and show people you are interested.



Jillian Faustino, a Neuroscience major graduating in '15, can say from first-hand experience the importance of taking a proactive approach to finding the right position. After looking into the Neuroscience Ph.D. program at the University of Massachusetts Amherst, Jillian knew she wanted experience working directly in these labs., Dr. Quadros-Mennella, her advisor, provided her some contacts at the institution. She had a brief interview with the post-doctoral student in the lab and landed a research position in the Neuroendocrinology Department working under Dr. Blaustein and Dr. Holder.

In the lab, Jillian studied how stress affects the females during puberty and this may impact their health in the future. She studied the activity of the hippocampus and found that stress during this time depletes tryptophan in the brain. Tryptophan is a precursor to serotonin, which can impact levels of depression and anxiety. Her experience solidified her plans to get a Ph.D. in the field of Neuroscience and she hopes to work in the lab again next semester. In addition, she is presenting her research at the Neuron Research Conference this Summer!

Jillian loved learning more about the process of research—from picking the project, to asking the research questions, to finding solutions, to analyzing the results. Her favorite part of her experience was working alongside others and getting to see what each person was researching. Her advice to fellow students? Don't be afraid to ask questions! The environment can be so technical that it's easy to get afraid. Just push through!

#### This Month's Challenge!

#### Match the Bachelor's level starting salary for a...

#### Laboratory Technician

with the location! (See answers below)

- 1. Honolulu, HI
- 2. Northwestern, WY
- 3. Corpus Christi, TX
- 4. Hartford, CT
- 5. New Iberia, LA
- 6. Orlando, FL
- 7. Southern VT
- 8. Newark, NJ

- a. \$33,600
- b. \$38,700
- c. \$44,500
- d. \$37,500
- e. \$27,400
- f. \$28,700
- g. \$25,300
- h. \$42,500

# Interested in learning more about starting salaries in your area? Check out the Job Seekers Online Salary Calculator!

Click Here: Job Seekers Salary Calculator

#### Upcoming SCLP Events

#### Internship Planning Sessions for Traditional Students

Tuesday, February 24th: 3:30 PM – 4:30 PM Tuesday, March 3rd, 11:30AM - 12:30PM Wednesday, March 11th, 3:00PM - 4:00PM Thursday, March 19th, 9:00AM - 10:00AM Monday, March 23rd, 12:00PM - 1:00PM Sullivan Career and Life Planning Center

#### Internship Reflection Sessions

Business, Criminal Justice, and Liberal Studies Majors: Monday, February 23rd: 10:00 AM - 11:00 AM Blake 110

Psychology, Education, and Science Majors: Thursday, February 19th: 11:00 AM - 12:00 PM Friday, February 27th: 11:00 AM - 12:00 PM Blake 110

#### **Career Shadow Launch Sessions**

Thursday, February 19th: 11:00 AM - 12:00 PM Wednesday, February, 25th: 9:30 AM - 10:30 AM Sullivan Career and Life Planning Center

#### Employer Visits

Northampton Police Department Wednesday, February 18th: 11:30 AM - 1:30 PM Blake Dining Foyer

Six Flags New England Monday, March 16th: 11:30 AM - 1:30 PM Blake Dining Foyer

#### Career and Networking Events

Science Career and Networking Event Wednesday March 25th, 4:00PM - 6:00PM Breck Suite

Legal Studies Career and Networking Event Tuesday, March 31st: 3:45 PM - 5:45 PM Breck Suite

Criminal Justice Career and Networking Event Tuesday, April 7th: 6:00 PM - 8:00 PM Breck Suite

#### Women's Leadership Luncheon

Wednesday, February 25th 12:00 PM - 1:30 PM Deepwood Board Room

"This Month's Challenge" Answer Key

1(d); 2(a); 3(f); 4(b); 5(e); 6(g); 7(h); 8(c)

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#### Contact:

E: careers@baypath.edu

P: (413) 565-1049

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