SULLIVAN CAREER AND LIFE PLANNING CENTER

FEBRUARY 2018



THE NETWORK

In this issue: Internship Success Stories, Drop-in Hours, Event Gallery, Upcoming Events, Recent Internships & Student Success, Graduate Webinars and Open Houses

All states and the		Anna the second
	I was once afraid	
	of people saying,	And Antonio Contraction
	'Who does she	
	think she is?'	
	Now I have the courage	
	to stand and say,	
	'This is who I am.'	

- Oprah Winfrey IN THIS ISSUE:

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"The question isn't who is going to let me; it's who is going to stop me." -Ayn Rand

UPCOMING EVENTS

Register on the CDCN!

02/22/2018 UMass Amherst Career

Blast

03/01/2018

Springfield College Social Work Open House

> **03/07/2018** Internship Reflection Session

03/23/2018 Internship Reflection Session

"Psyched" to Meet Dr. Wiezbicki-Stevens

By: Carly Cronin



Dr. Wiezbicki-Stevens

The journey to Bay Path began when a young and energetic student pursued a degree in Psychology from Smith College. From those early collegiate days to today, education was the foundation from which all of her learning, research, teaching, and passion for psychology grew. In the early years of her career, she utilized her knowledge of psychology to help young children in a residential program. After earning a Master's degree from Springfield College, she worked as a psychotherapist with the elderly. She went on to earn her doctorate at UMASS, where she enjoyed the challenge of research, particularly in the field of cognitive psychology. These first experiences working with individuals from the very young to the elderly gave her a breadth of knowledge about how human beings think, feel, struggle, and triumph.

Being a part of the world of education and sparking students' interest in the field of psychology is highly rewarding to Dr. Wiezbicki-Stevens. It does not get old for her, as she looks back upon the twenty years that she has been a part of the Bay Path faculty. Dr. Wiezbicki-Stevens began as an adjunct professor and worked as an academic counselor. These initial placements evolved into a full time position and eventually led to her being named Chair of the Psychology Department. As Chair, she is well known for being student focused, advising and guiding students in many facets of their programs of study, managing the Co-Op program, overseeing a grant, and mentoring alumni. She continues to learn and grow in her field as she has just taken on the task of Interim Chair of the Pre-OT and Health and Human Studies majors.

Dr Wiezbicki-Stevens passion for working with the college aged population is obvious! She sees these individuals blossoming at a time in their lives that is perhaps the greatest transition time they will experience in their lifetime. She enjoys being an integral part of their journey. She shared that being able to introduce somebody to a new concept, a new way of thinking through the discipline of psychology fascinates her. Cognitive psychology, knowing what makes people tick, is her life's work. She has taken all that she has learned, and eagerly shared it with countless students over the years. Her work at Bay Path reaches far beyond the borders of campus as her community work is well known. Connecting students with community organizations is a win-win. She sees the benefits for both parties, where students gain valuable professional and life experiences and the organizations benefit from the help and knowledge of highly qualified students. Dr. Wiezbicki-Stevens creates bridges between the two and in the process opens doors for students and community members alike.

It was fascinating to meet Dr.Wiezbicki-Stevens and Bay Path University is fortunate to have someone as passionate and talented as Dr. Wiezbicki-Stevens on the faculty. She is a gem!

Kelly Bernier: A Path to Success

By: Carly Cronin



Kelly Bernier

Kelly Bernier, a senior Psychology major, spent her internship as a Crisis Advocate for The Center for Women and Community (CWC) in Amherst, Massachusetts. Kelly became interested in this internship because of the amount of hands on clinical work she would be doing. She underwent a three month training with the CWC that certified her to be a crisis counselor in Hampshire County. Kelly described this training as being invasive and emotional as she listened to survivors of sexual assault speak to the group. During her training, Kelly was one of the few chosen to go on to medical advocacy. She was very nervous as she pulled up to the hospital to meet with her client. As she was leaving, however, her client couldn't thank her enough for her help. This solidified for Kelly that she wanted to help survivors and victims for a living. After she was certified from her training, Kelly was able to work in person and over the phone with victims and survivors of sexual assault.

Kelly had a very memorable experience at the CWC. Her favorite part about the internship was having the opportunity to get a head start in the field of psychology and gaining clinical experience working with clients. She learned how to counsel those in crisis, coping and grounding techniques, the importance of hard work, how to be a professional, and leadership skills. It showed her how one person can change so many lives and how she can make a difference in the future.

Kelly's work ethic and experience has stood out to employers. She was offered a temporary position with the CWC. The internship experience also helped her receive her current job as the new SAFEPLAN Advocate with the Eastern Hampshire District Court. Kelly used her experience to advance her career path and to grow in the field of psychology. She will continue to use all that she has learned from her internship in the future.

"This experience will be one you will never forget."

Olivia Wojtowicz: Stepping Out of Your Comfort Zone

By: Carly Cronin

Olivia Wojtowicz utilized her internship at Bay Path University to gain as much experience as possible for her future in digital forensics. She has been interested in this field since she was young and now she is following her dream as she gets into the criminal justice world. When she first started at Bay Path University, she began talking to faculty about the different majors BPU had to offer. Her excitement began to grow as she did some research and found that she wanted to get involved in digital forensics.



Olivia Wojtowicz

Most jobs in the criminal justice field require students to be certified in different forensic software programs. She used her internship to gain experience and become more comfortable using these programs. Thus, she become more confident on a day to day basis when she begins her career. Olivia explained how examining evidence is a vital aspect of this career so it is important for her to be versatile when it comes to using the different software programs or crucial evidence might be missed. Olivia wanted to make sure she was confident using different programs so she was fully prepared for the future. Through this internship, Olivia became more independent, more diligent in her work, and she learned to manage her time better.

Olivia's favorite part about her internship was being able to examine. She was able to uncover many interesting deleted files, encrypted files, emails, Facebook accounts, etc. She explained that you never know what you are going to find when examining and it always intrigues her when she discovers something new. Olivia was also able to attend an actual terrorism court case in Boston, Massachusetts. She was able to watch as the examiner testified against him, giving her real life experience to witness the role of a digital forensic examiner in court cases.

Olivia made a greater impact during this internship than just the experience she gained. A professor at Bay Path University is taking her project and implementing into his classes. Future students will be able to examine what she has done through those forensic software programs to help increase their experience and confidence as well. Through her hard work, she has helped to give back to other students in this field.

Sarabeth Hanyckyj: Confidence is Key



Sarabeth Hanyckyj

By: Carly Cronin

Internships are a great way to gain hands on experience in your field of study. Sarabeth Hanyckyj, a second semester senior majoring in Criminal Justice, found that her internship gave her the confidence she needed. Sarabeth was nervous and intimidated getting into the Criminal Justice field, but after six months of performing an internship at the East Lyme Police Department, Niantic, CT, she was very excited about her future and knew this was her passion.

Making connections in your field is a great tool to have when searching for an internship or job. Sarabeth did just that. She utilized her connections with police officers that she knew after working in the Cadet Program, dedicated herself to finding the right internship, worked hard towards her degree, ultimately landing her an internship with the East Lyme Police Department.

Sarabeth quickly learned what it was going to take to work in this field. She worked in many different parts of the police department throughout her experience. She spent her days learning about the cruiser and how it works, organizing overtime shifts for officers, learning all of the different computer programs they use to store information, working with citations and tickets, and getting the full hands on experience by going on ride-alongs with police officers.

Her most memorable part of the job was getting the experience of going on ride-alongs. It enabled her to see real life situations that she will encounter in her future and how the officers handled them. Sarabeth was able to help pull people over, test drugs, and even help book someone. After getting out in her field and actually being on the road as a police officer, Sarabeth knew this was something she was confident in and could do in her future.

Sarabeth's advice to other students is not to be afraid to follow your passions. So many students are hesitant when it comes to finding a career, but it is important to stick with it and everything else will fall into place.



East Lyme Police Department, Niantic, CT

Corrin Jarvis: Making an Impact

By: Carly Cronin

Corrin Jarvis, a senior Child Psychology major, is very passionate about what she does. She enjoys spending her days helping children during her internship at Educational Resources for Children (ERFC), Enfield, CT. She is a team leader responsible for ten students during the before and after school ERFC programs. Corrin grew up in Enfield and has now been given the opportunity to give back to the community. She made a difference in the school system that got her to where she is today. She immediately felt welcomed and knew she would fit into this program well.

Corrin underwent extensive training for this program. She was trained on how to file reports within the school system, learned specific program policies, was taught their system for curriculum planning, and became CPR certified. She took a class about reporting along with a medications class so she was authorized to give students an inhaler, EpiPen, etc. if needed. The school's training really helped Corrin become accustomed to the typical procedures they followed and enabled her to work efficiently from the beginning.

This internship is definitely not easy for Corrin. She works with many students who struggle with behavioral issues, however, this is the most rewarding part for her. Sometimes finding a plan that students respond to well can be challenging, but Corrin strives to find the most effective ones for students. She has been able to see positive changes in student behavior based on processes she has put into place. Parents have even met with her and told her how much she is making a difference in their children's lives and that they can see how much they have improved since working with her. Corrin couldn't be happier to be making a lasting impact in a field that she cares about so much.

Working in this school system showed Corrin the importance of having a job you like and can see yourself doing for the rest of your life. She believes it is important to take full advantage of your opportunities and to make the most out of these experiences while you can.



Corrin Jarvis



Students at ERFC



"It is so much more enriching when you put in the effort and are engaged. You will get a lot more out of it."

DROP-IN HOURS

The drop-in appointments are 20 minutes and are first come, first serve. Shelley and Carly can assist you with:

- Guidance on creating unique and powerful cover letters and resumes
- Enhancing your LinkedIn profile
- Practicing career skills such as interviewing, negotiating, and networking
- Exploring majors, education, and career paths
- Helping you discover internships and employment on the Carpe Diem Career Network

Drop - In Hours

Monday: 12 pm-1 pm Tuesday: 12 pm- 1 pm Friday: 11 am- 1 pm



Carly Cronin Grad Assistant



Kailimi (Shelley) Li Grad Intern

EVENT GALLERY

February 13th Education Career and

Networking Event

The Sullivan Career and Life Planning Center and The Education Department invited students to the Education Career and Networking Event on February 13th, 2018! Sydney Chaffee, the National Teacher of the Year, was the keynote speaker. She discussed the future of education with the audience and students were able to network with her at the reception following the event.

"We should shape our schools to fit our students, rather than demanding that our students conform to our schools." -Sydney Chaffee



Dr. Ellen Rustico, Chair of Education



Dr. Rustico, Dr. Fleming, Sydney Chaffee, & Dr. Morriss-Olson



Registration



Sydney Chaffee



Faculty & Students

Upcoming Events

Internship Reflection Sessions

Wednesday, March 7th, 2018 3:30 pm - 4:30pm D'Amour Hall Room 4

Friday, March 23rd, 2018 9:30 am -10:30 am D'Amour Hall Room 6



SULLIVAN CAREER AND LIFE PLANNING CENTER

Career Fair & Networking Events

UMass Amherst Career Blast: February 22nd, 2018 10am - 3pm

NEMNET Diversity Career Fair for Educators: March 3rd, 2018 12pm - 2pm

Westfield State University Job & Internship Fair: March 7th, 2018 1pm - 4pm

Social Work Open House

SP' 18 Springfield College School of Social Work Open House Time: Thursday, March 1st, 2018 4pm - 6pm

Workshop

SP'18 Case for a Cause 2018 Registration Case competition first round: Time: February 7th, 2018 through February 28th, 2018

Save the Date!

Meet your Career Coach

Wednesday, February 21st 12pm-1pm or Tuesday, March 27 12pm-1pm Helliwell Conference Room Free lunch provided!

Professional Dress Encouraged.

Order your business cards today!

RSVP ON THE CDCN!

MY BAY PATH PORTAL > WELCOME PAGE > CDCN BUTTON **P. 9**

Recent Internships

Alaysia Murphy: North Carolina A&T State University- College of Engineering, Greensboro, North Carolina Amber Lopez: Hampden County Sheriff's Department, Ludlow, MA Brianna Lively: Massachusetts State Police, Leominster, MA Bridgette Barna: TurfCare, Hatfield, MA Christina Tran: Waste Management, Windsor, CT Crystal Vazquez: Sylvester's Fine Foods, Inc., Northampton, MA Gabrielle Vega: Educational Resources for Children, Enfield, CT & Gandara Center, West Springfield, MA Gretchen Hale: Abbott Terrace Assisted Living, Waterbury, CT Katherine Bailey: Elms College Library, Chicopee, MA Kavlee Herring: Eurofins Spectrum Analytical Laboratory, Agawam, MA Lauren Brault: Deals and Steals Natural Foods, Northampton, MA Leann DeFelice: Rutland Police Department, Rutland, VT Miraida Infante: Health New England, Springfield, MA Noel Nguyen: Aetna, Inc., Hartford, CT & Baystate, Springfield, MA Prianka Naha: The Work Connection, Holyoke, MA Rebecca Minardi: Springfield Museums, Springfield, MA Robyn Veazie: NAMI of the Berkshires, Pittsfield, MA Stephanie Mendelson: Connecticut State Police, Tolland, CT

Student Success

Five students were accepted to work on a research study at the University of Massachusetts in the Infant Cognition Lab. The acceptance into this program was very competitive! The students were:

Haleigh Bassett - Junior - Psychology major Justine Murphy - Sophomore - Neurobiology major Kaitlyn Bernier - Senior - Child Psychology major Maryanisa Del Rio - Junior - Neuropsychology major Nicole Larson - Junior - Neuropsychology major

Graduate Webinars & Open Houses

Hot Topics in Higher Ed - An Entrepreneurial Approach to Growing Academic Programs FEBRUARY 21, 2018 | 2 P.M. - 3 P.M.

Physician Assistant Studies Open House FEBRUARY 21, 2018 | 2:15 P.M. - 5 P.M.

MS in Accounting Open House and CPA Information Session FEBRUARY 24, 2018 | 10 A.M. — 11 A.M.

MS in Accounting Webinar and CPA Information Session MARCH 1, 2018 | 12:30 P.M. — 1:30 P.M.

Hot Topics in Education: Wrestling with Writing: Instructional Strategies for Struggling Students MARCH 3, 2018 | 10 A.M. - 11:30 A.M.

Hot Topics in Higher Ed - Contemporary College Students: Who Are They? How Can We Serve Them Best? MARCH 7, 2018 | 2 P.M. — 3 P.M.

Learn How to Pay for Graduate School Webinar MARCH 7, 2018 | 5:30 P.M. — 6:30 P.M