

In this Issue: Business Career and Networking Event, Making Connections, Recent Internships, Internship Success Stories, Women's Leadership Luncheon, Career Celebration Story, Monthly Raffle, Monthly Challenge



# The Network

## Newsletter

VOLUME II, ISSUE II

October 2014

### Spotlight: Business Career and Networking Event

This month, the Business Department and SCLP hosted the first Career and Networking Event of the semester. Students came dressed to impress and ready to network! The event began with a lively presentation from panelists representing a variety of fields in business, including digital marketing, auditing, public accounting, cybersecurity, and small business ownership.



Students offered questions like:

*"How did you find the transition phase from the classroom to the workplace?" "How much of your classroom experience have you used in the real world?" "Does anyone have plans to achieve new degrees/certifications to support lifelong learning?"*

Students also asked targeted questions to the panelists:

*"How long did it take you to start a small business?" "Do you find it difficult to adapt to changes in social media in the workplace?" "Do you feel your career in the air force prepared you for the field of cybersecurity?"*



Following the panel discussion, students broke into small groups and met with each panelist for career-related conversation. They were then challenged by the panelists to answer some common interview questions such as: "Talk about an accomplishment you are especially proud of," and "Give me an example of an important goal you set and how you took steps to achieve that goal."

The panelists then provided feedback to help students shine during the interview process. Student Sara Baruffaldi reported that she learned "how to speak more in depth in interviews" to show her strengths and accomplishments. When speaking with BPU alumnae and panelist Sam Bujak, student Kendale Clarke learned the strategy to "take a brief pause to gather your thoughts and everything will flow naturally." Student Samantha Colon also learned the importance of "feeling confident and taking notes" during the interview process. Following these lively table discussions, the event concluded with the Personal Shopper Raffle won by Thuy Truong!

Stay tuned for information regarding Career and Networking Events for your major!

## Making Connections: The Key to a Successful Career Shadow!

Shawna Peebles, '15 is a student on a mission. In the past year, she has career shadowed twice and the opportunities keep on coming! When she attended the Science Career and Networking Event last spring, Shawna met BPU alumnae Jessica Desmond, who is also the supervisor at Microtest Labs. They exchanged business cards and Jessica assured her of the diverse and innumerable opportunities available to students with a Biology degree. Always a person who enjoyed learning about different fields, Shawna realized that this was the perfect opportunity to schedule her first career shadow. She completed a 4-hour day of shadowing at the site and enjoyed the line of work. After this experience, Shawna knew that networking could open the door to new and exciting ventures. When Shawna was speaking with a regular customer at her job at Walmart, he recommended that she shadow a visiting nurse in a day care.

Shawna Peebles, '15



Once she learned about the rewards and challenges of a career in that setting, he recommended her for yet another career shadow with a nutritionist! Shawna's story proves that networking can truly go a long way in helping you plan and develop your career goals. If you are interested in having a rewarding career shadow yourself, sign up for a Career Shadow Launch Session by logging into the Carpe Diem Career Network!

Check out these awesome internships BPU students have landed!

### Recent Internships

**Quinn Orcutt**, '16, General Psychology Major, Mercy Community Health

**Aimee Lajeunesse**, '15, General Psychology Major, State of CT Probation

**Nataly Monsalve**, '15, Marketing Major, Rachel's Table

**Erika Anderson**, '15, Forensic Science Major, Partners in Scientific Inquiries

**Kacy Hikel**, '16, Small Business Development Major, Valley Venture Mentors

Shay Fulcher-Valentin, '16



### Opportunities are Everywhere!

In her first Probation and Parole course, junior Criminal Justice major Shayonna Fulcher-Valentin met Ms. Lorna Simmons, a guest speaker who informed the class about her experience as a parole officer and a probation officer with the Superior Court Probation Office. Even though she does not currently wish to pursue probation as a career, Shay found the position interesting. After class she decided to ask Ms. Simmons if there were any open internship positions in her office. She stated that she usually accepted UCONN and Western New England student interns, but would love to offer a position to a BPU student. They wasted no time and immediately discussed availability and start dates! While she did not have an interview, Shay believes her bold personality helped her land the position.

Had she not spoken up in class and connected with her now supervisor, Shay may have missed the opportunity to explore a new field. For students who are currently looking for internships, Shay advises, "Do not underestimate the power of your voice, speaking up will help you more than it will hurt you. Hey, all they can say is 'no thank you!'"



## The Perfect Fit: Nataly Monsalve's New Internship

When senior Marketing major Nataly Monsalve was contacted by Career Coach Sally Schirmer-Smith with an internship opportunity, Nataly knew it was the perfect fit for her. The position available was at Rachel's Table, a nonprofit whose mission is to alleviate hunger and reduce food waste in Western MA. Nataly submitted her resume and cover letter, and was contacted for an interview with the Director and Assistant Director of the program. At the interview, she spoke of her long-term goals, explained why she wanted to work for a non-profit, and described what she could offer the program. She was accepted immediately and began her internship in mid-September. She is the first BPU student to intern at this site! In her role, she is primarily responsible for spearheading the "Valley Gives" fundraiser that will run in October, creating and uploading videos online to raise awareness for the cause, and expanding the program's presence on social media.

Nataly Monsalve, '15



She will also have the opportunity to accompany the staff on a collection trip from grocery stores and restaurants to deliver food to different agencies and soup kitchens in the area. Nataly looks forward to working with this non-profit and gaining the skills needed for her next endeavor- joining the Peace Corps!

---

## This Month's Challenge!

**Match the starting salary with the location for an...**

**ENTRY LEVEL ELEMENTARY EDUCATION TEACHER**

**(See answers below!)**

1. Washington, D.C.
2. West Central Illinois
3. Sacramento, CA
4. Springfield, MA
5. Sioux City, SD

- A. \$42,660
- B. \$30,320
- C. \$44,780
- D. \$41,030
- E. \$31,140

**Interested in learning more about starting salaries in your area?  
Check out the NACE Online Salary Calculator!**

**[Click Here: NACE Job Seekers Salary Calculator](#)**

---

## Sundresses, Cake, and Pie: Leadership Lessons Along the Way

Susan Colantuono, author of *Make the Most of Mentoring* and founder of Leading Women, will be at Bay Path on November 11th sharing leadership lessons and advice. The event includes **FREE lunch** and a **COMPLIMENTARY copy of Susan's book**, *Make the Most out of Mentoring*. The event will be held in Blake Dining Hall from 11:45 to 1:30pm and is open to all undergraduate women.



To sign up for the event, students must log in to the Carpe Diem Career Network. Click on the 'Events' tab and scroll until you find the 'Susan Colantuono Luncheon' Event. Click RSVP and you are registered!

Check out Susan's TED Talk, [The Career Advice You Probably Didn't Get](#), as well as this article, [9 Things Women Need To Know About Leadership!](#)

## Women's Leadership Luncheon with Dr. Melissa Morriss-Olson



*"I personally think the event was great. It was a very good opportunity to experience what a professional lunch setting would be like and have feedback as far as manners at the table go in that type of setting. Dr. Morris-Olson's story was very inspiring. She had a great deal of things to say. My take away from her story was to be comfortable being uncomfortable and seize every opportunity you can.." -Yismel Rosario, Biology Major, Class of '15*

On October 1<sup>st</sup>, BPU students took a seat at the table with Provost and Vice President of Academic Affairs, Dr. Melissa Morriss-Olson. Joining them was Susan Alston, a member of the Professional Image Task Force and a graduate of Bay Path's Master's Program in Nonprofit Management and Philanthropy. Students had the rare opportunity to share an intimate meal with these women engaged in leading and learning. The luncheon simulated a professional American business luncheon. Students engaged in an open dialogue with Dr. Morriss-Olson, Susan Alston, and SCLP staff members regarding etiquette questions relating to a formal, business-driven dining experience. Students learned how to appropriately tackle difficult menu choices with grace, how to address food that is unappealing, and which topics of conversation are and are not best suited to the occasion.

In addition, Dr. Morriss-Olson delivered an engaging keynote sharing her personal story and highlighting important life lessons. She encouraged the students to claim who they are and to go with confidence into a world that needs them. She reminded the students that life is not a straight line, but instead a web we build to make sense of our experiences. Dr. Morris-Olson urged students to respond to every opportunity that presents itself and to get comfortable with being uncomfortable, as this will push them to succeed.





## Career Celebration Spotlight: Lindsay Young

Following her graduation from the BPU Psychology program in 2013, Lindsay Young met a group of professionals while waitressing at a local restaurant. They tried to convince her to apply for a position with Barton Associates, a temporary staffing and recruiting agency.

While she appreciated the tip, she had already accepted a position at Symetra, a financial services company which happens to be in the same building as Barton Associates. She had been working with Symetra for about a year when she ran into one of her former customers from the restaurant. He convinced her to apply to Barton Associates online, and she was immediately contacted for a brief phone interview. She was contacted again for a second, in-person interview which lasted about two hours! She learned about the different departments of the company and the role of account managers and recruiters. She was offered the position and is now the Associate Account Development Manager. Though the hours can be long and she spends most of her day on the phone with providers, she most enjoys working in a great environment with other entry-level professionals. While she is happy with her job at this point, Lindsay plans to pursue a psychology-related graduate degree to become a counselor and move to Boston.

---

## SCLP's Monthly Raffle: Win this Sweatshirt!

Have you landed a **JOB** recently? Had an **INTERNSHIP** experience? Participated in **CAREER SHADOW**?

Share your story on the CDCN and be entered to win a prize! Once you submit, you will also be automatically enrolled into the monthly AND grand prize drawing!

Raffles will take place in Blake Dining Commons at lunchtime on Weds 10/22 (sweatshirt) and Tues 11/18 (BPU Swag Bag)!



**Entering is easy! All you have to do is:**

1. **Log in to the Carpe Diem Career Network using your My Bay Path username and password.**
2. **Click on the "Profile" tab**
3. **Select "Employment Outcomes"**
4. **Add a new "Success Outcome."**

**Having trouble thinking of your successes? Contact SCLP for help!**

**Login to the Carpe Diem Career Network Now!**

---



## Upcoming SCLP Events

### Internship Planning Sessions

Friday, October 24th: 11 - 12 PM  
Wednesday, October 29th: 3 - 4 PM  
Sullivan Career and Life Planning Center

### Internship Reflection Sessions

Thursday, October 23rd: 10 - 11 AM  
Monday, October 27th: 12 - 1 PM  
Blake 110

### Career Shadow Launch Sessions

Friday, October 17th: 12 - 1 PM  
Monday, October 20th: 10 - 11 AM  
Sullivan Career and Life Planning Center

### Career and Networking Events

Education Career and Networking Event  
Thursday, October 23rd  
5:00 - 6:45 PM

Psychology Career and Networking Event  
Monday, November 10th  
6:45 - 8:30 PM

### Women's Leadership Event

Sundresses, CAKE and PIE: Leadership Lessons Along the Way with Susan Colantuono.  
Tuesday, November 11th, 12:00 - 1:30PM. All undergraduate students invited.  
Attendees receive copies of Susan's books. Sign up on the Carpe Diem Career Network.

---

### "This Month's Challenge" Answer Key

1(D); 2(E); 3(A); 4(C); 5(B)

---

*Copyright © 2014, Bay Path University, All rights reserved.*

Contact:

E: [careers@baypath.edu](mailto:careers@baypath.edu)

P: (413) 565-1049

W: My Bay Path Portal, Sullivan Career and Life Planning link.

[unsubscribe from this list](#) [update subscription preferences](#)