

In this Issue: Internship Success Stories, Current Internship Sites, WEL 310 Luncheon and Career and Networking Events Photo Gallery, Upcoming Events, This Month's Challenge



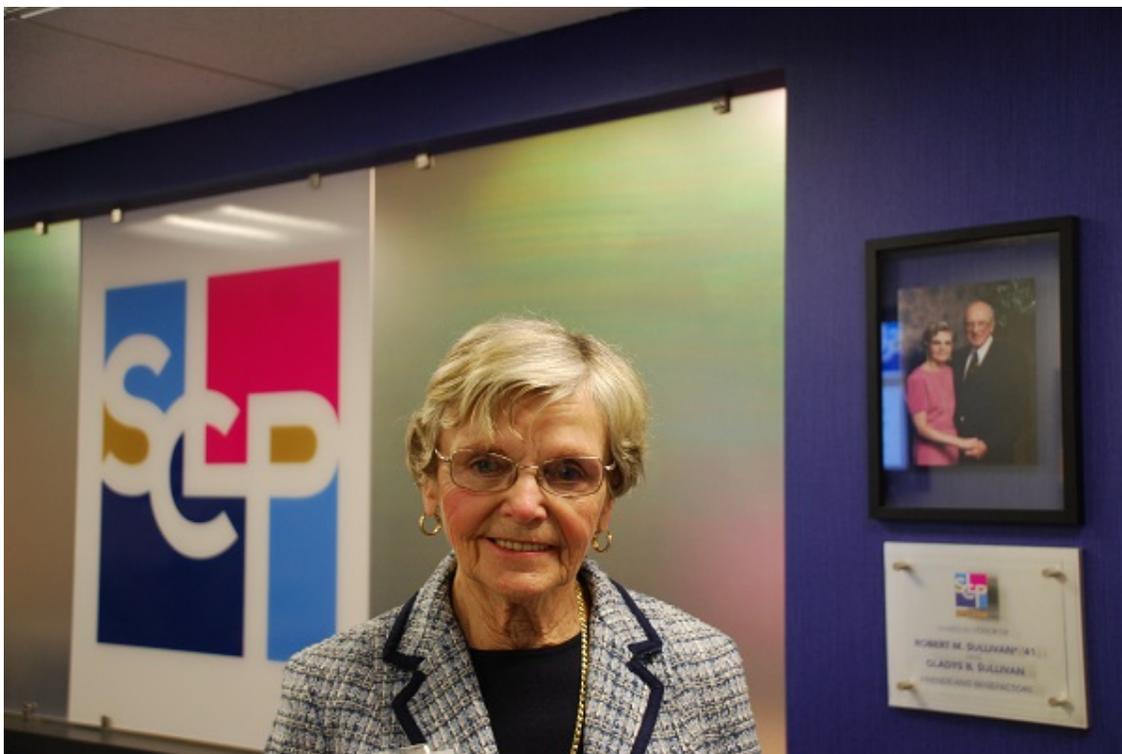
# The Network

Newsletter

VOLUME IX, ISSUE X

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## Meet the Woman behind "Sullivan Career and Life Planning" ....Gladys Sullivan



Gladys is a dear friend of the Bay Path Community who celebrated her 91st Birthday on October 21, 2016! Gladys's Bay Path story began in 1941, when her husband, Robert Sullivan, graduated from what was then the **Bay Path Institute**. Bob served on our Board of Trustees from 1998 until he passed away in 2003. Gladys graduated from Simmons College and received her master's degree in Spanish from AIC. She was the Director of the Individualized Learning Center affiliated with the Science Department at STCC.

endeavors and her philanthropy. She financially supported the building of the new Sullivan Career & Life Planning Center located on the lower level of Blake Student Commons, dedicated in April 2013. Last month, Gladys visited Bay Path and was excited to hear about the internship experiences of two students: Sophia Nardi, Small Business major, shared her LEGO Internship Reflection and Lacey Hamlin, Biology major, shared her Baystate Medical Center Reflection.

Gladys was so impressed with our students! That very same day, she gave us the funding to start an Internship Scholarship Fund. Students with unpaid internships will be able to apply for scholarships to financially support these tremendous learning experiences. Gladys is a remarkable member of our Bay Path Community and we thank her for her amazing generosity!

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## Dawa's Networking in the 21st Century



Who would have thought that Facebook could help you land an internship? Marketing and Small Business Development major, Dawa Drolma '17, saw an opportunity at the Smithsonian Institute posted by her former English teacher. She knew some people there who encouraged her to apply.

In April, Dawa was invited for a Skype interview. Having a video interview was convenient because she did not have to travel to Washington D.C., although she would have preferred a face to face interview. She added that a slow internet connection and the sound quality proved challenging. Dawa said, "You can't always ask them to repeat the question." She was both surprised and pleased to know that the interviewers had viewed her website, seen her work portfolio, and the photography awards she won. Dawa's colleagues working at the Smithsonian brought these awards to the interviewers' attention.

The entire hiring process took about a month and a half, at which point Dawa was offered a paid internship with the Center for Folklife and Cultural Heritage at the Smithsonian Institution. Dawa,

world. Her roles varied, from producer, to photographer to exhibitor.

Dawa learned that networking is a crucial part of building her career. She frequently used social media to market her family's arts and crafts business in Tibet, and now she used it to network as well. When asked for her advice to other students, Dawa said to be brave, be confident, and be open to what is available to you. When you have the right network, the network will do the marketing for you!

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## Joanna's Silver Lining



When Joanna Wright-Lee, a Business Administration major '17, learned from her career coach Dora Lewis and business professor, Karen Carlson, about an internship opportunity at a community management program at Walgreens, she thought it would be a great fit. Joanna applied for the position in February 2016. One month later, she received an invitation for an interview. Waiting for a follow up call was nerve wracking. Joanna wondered whether it was normal to wait four weeks. Thankfully, she decided to reach out to Walgreen's regarding her application and spoke to Rich Duval, one of the recruiters and a store manager who assured her he would look into it. As it turns out, the person in charge of her application was on vacation and had overlooked her file. Joanna got a second interview invitation after she talked to Mr. Duval. The whole process took about three to four months before she actually landed the internship. It was a good thing she called them!

Mr. Duval placed Joanna in the Walgreens store in Simsbury, Connecticut. Her role as a Community Management Intern included managing, supervising, merchandising, and overseeing inventory. In addition, she went on site visits to four Walgreens flagship stores

Joanna learned a lot about supervising employees. Perhaps her best lesson was learning to use logic instead of emotion. “There was too much drama going on between the employees, but someone had to keep the store running.” Confirmation of her excellent supervisory skills came in the form of a full-time job offer as a store manager once she graduates!

Joanna was very pleased to be offered this full time position. She is also exploring more options. Her advice for students who are beginning the internship process, “Don’t have a ton of expectations of your internship! You might not learn what you set out to, but you will learn something valuable.”

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### Recent Internships

- Karolina Babula - '16, Biology** - Eurofins Spectrum Analytical, Agawam, MA
- Kelly Bernier, '17, Psychology**, Massachusetts Center for Women and Community, Amherst, MA
- Xiaotai Chai, '18, Operations Management**, A Story Making Company, Enfield, CT
- Savannah Gordon '18, Criminal Justice** - Springfield Police Department, Springfield, MA
- Janice Jackson '18, Marketing** - Willie Ross School of the Deaf, Longmeadow, MA
- Kristen Lyncy, '17, Forensic Psychology** - CHD Terri Thomas Girls Program, Springfield, MA
- Ellissa Martine, '17, Early Childhood Education-Licensure** - Greenwood Children's Center, Longmeadow, MA
- Catherine Matuszczak, '17, Forensic Psychology** - Pathlight/Association for Community Living, Springfield, MA
- Nicole Modelewski - '17, P.A** - Rehab and Wellness, Springfield, MA
- Paola Nieves, '17, Child Psychology** - River Valley Counselling Center, Holyoke, MA
- Mila Sinigur '18, Criminal Justice** - Hampshire Superior Court Probation, Springfield, MA
- Ashley Wands, '17, Child Psychology** - East Longmeadow High School, East Longmeadow, MA
- Callie Wholley, '17 Child Psychology** - Jewish Community Center, Springfield, MA

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## Yujie's Journey From Biology to Legal Studies



Three years ago Yujie Lin started her college education at Bay Path University as a biology major, yet she soon realized that it was not a good fit for her. She considered transferring however, thanks to her academic advisor and career coach, she decided to stay and change her major instead. Yujie is now a senior with a liberal studies major focusing on paralegal studies. She feels that Bay Path University allowed her to personalize her path, and get the education she wanted.

With her newfound career path, Yujie was determined to thrive and her efforts paid off. She landed an internship as a legislative assistant at the Anti-Defamation League's Government and National Affairs office in Washington D.C. Following that, Yujie did an internship at Congressman Richard Neal's Office in Springfield, Massachusetts.

In the spring of 2016, through Bay Path University, Yujie registered for a semester at the American University in Washington D.C. The program combined both classroom and internship experience. Her internship journey started with attending an internship fair. She applied to a couple of positions during the fair, and Anti-Defamation League's Government and National Affairs Office was one of them. She received an invitation for an interview two days later. The fact that Yujie can personally relate to the civil rights issues impressed the interviewer. They offered her an internship position the next day! Yujie was hired as a Legislative Lawyer Assistant. Her role included writing blogposts about immigration and citizen's civil rights and liberties, attending hate crime coalition meetings with officials from the FBI and the Department of Justice's Civil Rights' Division, and working on projects that revolved around anti-Semitism.

The internship provided a great opportunity for networking. Yujie got the chance to meet experts in civil rights as well as fellow interns from around the country. She was especially struck by the experience of one of her fellow interns who was working for Congressman Brad Sherman. With this as an inspiration, Yujie contacted Congressman Richard Neal's district office in Springfield, Massachusetts upon her return from Washington D.C. Congressman Neal's office was seeking someone with previous experience in government so her internship at the Anti-Defamation League's Government and National Affairs Office with citizen's civil rights paved the way.

constituents and found it particularly interesting to discover that they would call the office for just about anything. Sometimes people called or wrote to their representatives because they did not know who else to call. Yujie needed to discern whether to refer them to another office or organization or make sure that Congressman Neal was alerted to the issue.

Yujie enjoyed both of her internship experiences. She was honored to be a part of a team that influenced civil rights and decision-makers in D.C., and was also happy that she could help in resolving constituents' issues for Congressman Neal. Yujie plans to pursue a career in immigration law and human rights services. Her advice to other students: "You never know until you try, be confident, and expand your comfort zone."

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## Sumer's Oklahoma Internship Story



The old saying, "You can't have your cake and eat it too." did not apply for Sumer Burch, a native of Oklahoma and a senior in Medical Science: Pre-Med. Last summer she landed an internship at the Oklahoma Heart Hospital so she was able to visit her family and pursue an internship at the same time. Sumer knows an ER nurse at the Hospital, and inquired if he knew of any internships. Her friend gave her the contact information of Naeem Tahirkheli, MD, a heart surgeon with a specialty in interventional cardiology. Sumer then emailed Dr. Tahirkheli introducing herself and asking about a possible internship. Dr. Tahirkheli responded affirmatively and the rest is history. It was a relatively easy process that did not even include interview!

Sumer enjoyed her internship even though it was monotonous in the beginning. She spent the first two weeks with other interns studying medical terms, the anatomy of the heart, and medical publications to make sure that she had a deeper understanding of

and vital signs and also had administrative and clinical tasks.

When asked about advice for other students at the beginning of the internship process, she recommended starting as early as possible not waiting until the last minute. Sumer added that thanks to her network, she managed to land the internship and pointed out that, "Networking is the key! Expand your network and stay in touch with them."

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## **"Keys to Success" Business/Accounting Career and Networking Event**

On October 6, 2016 six panelists from Rediker Software, MassLive, Wolf & Company PC, Savage Arms, Moriarty and Primack PC, UTC/Pratt & Whitney, and Eastern States Exposition shared their career stories and advice before "speed networking" with 25 students practicing their interview skills.



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## WEL 310 Dining Experience

To culminate the *Strategies for Personal and Career Success Wel310* course, students were treated to a fine dining experience during the second week of October with amazing keynote speakers Mo McGuinness and Ellen Moorhouse speaking on networking and negotiating skills.



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**Upcoming Events :**

*Carpe Diem Dash 5K Walk/Run*

[Click to register](#)

***4th Annual Cybersecurity Summit***

**Friday, November 4th - 7:30AM - 10:30AM**

**Keynote Speaker, Jillian Munro, shares her experiences and observations from throughout her career highlighting how nontraditional skills now apply in the area of cybersecurity.**

**Longmeadow Campus**

[Click to register](#)

**Federal Medical Center Devens Info Session**

**Wednesday, November 16, 2016**

**Join Professionals from the Federal Medical Center/Federal Bureau of Prisons for one or more of these on-campus sessions as they share employment opportunities and career education with our community.**

**All are welcome!**

[Click to register](#)

**Career and Networking by Major :**

***Psychology - "Making a Difference"***

**Thursday, November 3rd - 6:00PM - 8:00PM**

**Breck Suite/Wright Hall**

***Education "Learning Today...Leading Tomorrow"***

**Tuesday, November 15th - 4:45PM - 6:00PM**

**Breck Suite/Wright Hall**

Registration on the CDCN powered by Handshake required

[Click to register](#)

**Webinars:**

Wednesday, November 2nd, 12:00PM - 1:00PM

Wednesday, December 7th, 12:00PM - 1:00PM

**Negotiating Your Way to Success:**

Monday, December 12th, 12:00PM - 1:00PM

Presented by Josh Weiss, Program Director of the MS in Leadership &  
Negotiation

Dr. Weiss will introduce participants to negotiation methods that they can apply  
to real workplace scenarios.

For more information about our graduate programs please contact [413.565.1332](tel:413.565.1332) or  
email [graduate@baypath.edu](mailto:graduate@baypath.edu)

**Internship Reflection Sessions :**

Everyone is welcome!

Friday, November 11th, 1:00PM - 2:00PM

Friday, December 9th - 1:00PM - 2:00PM

Monday, December 12th - 1:00PM - 2:00PM

Breck Suite/Wright Hall

No registration necessary for guests!  
Come hear students reflect on their experiences  
and celebrate the completion of their internships!

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**This Month's Challenge!**

**Match the Bachelor's level starting salary for an...  
Elementary School Teacher  
with the location! (See answers below)**

3. Fayetteville, AR	c. \$49,640
4. Raleigh, NC	d. \$34,930
5. Jacksonville, FL	e. \$42,170
6. Seattle, WA	f. \$36,840
7. Austin, TX	g. \$40,490
8. Camden, NJ	h. \$38,910

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## Need a Career Coach? Look No Further!

### Traditional, Graduate Students and Alums

To make an appointment with your career coach, login to the **Handshake** and click on "Request a career coaching appointment"!

### Dora Lewis, Career Coach

Business, Accounting, Psychology, Criminal Justice, Digital Forensics, Legal Studies

### Sally Schirmer-Smith, Career Coach

Science, Education, Liberal Studies

[Click here to log in to The CDCN powered by Handshake to schedule an appointment](#)

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### "This Month's Challenge" Answer Key

1(c); 2(g); 3(f); 4(d); 5(h); 6(a); 7(e); 8(b)

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